
9 SUPER
Herbs and Spices
for a
FLAT
BELLY

DISCOVER HOW I HELPED MY "CRIPPLED" WIFE
SHED 23 POUNDS OF UNWANTED FAT AND
COMPLETELY FLATTEN HER BELLY IN
ONLY 21 DAYS

(WITHOUT Starving Herself And WITHOUT Doing Any Exercise More Strenuous Than Walking To The Fridge!)

. . . . . .

What I am about to share with you are the special herbs and spices which lead to rapid and astonishing amount of weight loss. Behind this incredible discovery is a very personal and painful story that resulted in a near magical elixir that transformed my wife and enabled her to lose 23 lbs in 21 days, without exercise. You will also meet **Peter, who lost a whopping 84 lbs!** This discovery is now responsible for transforming thousands of lives around the world.

Before I share this secret, as promised, here are the very special herbs and spices that are responsible for her incredible transformation.

Maximum Strength Turmeric

It's been used for over 4,000 years. Ancient India and even China recognized turmeric as a powerful restorative root. Today, over 2,000 peer reviewed studies suggest turmeric's power. It has the power to transform jiggly white fat (the kind you hate) to brown fat (the kind your body will burn away). The key is making sure your turmeric is easily absorbed.

Ginger

Guaranteed you've heard of Ginger. Not only for its power to control migraines but Ginger is the "swiss army knife" of superfoods. It's revered as the #1 alternative restorative plant in hundreds of countries. Generally, It's used the world over for digestion, flus, colds, achy muscles and other illnesses. It's also another tool in your toolbox for a healthy response to discomfort.

Here's where it gets even more exciting as it relates to fat loss. When you take the right amount of Ginger it increases the Thermogenic effect of food meaning more calories burned AND reduced feelings of hunger meaning you feel full faster and longer. This has a profound impact on your ability to manage weight.

Reishi Mushroom

It's called "The King of Mushrooms." It was brewed into an "immortal youth tea" in ancient Japan. Even more modern studies praise it's impact on longevity. Reishi has also been used as a natural form of muscle relaxation in modern Chinese medicine.

What has been discovered is the Reishi mushrooms act as a unique prebiotic to favorably change the composition of the intestinal microbial community in a way that favors biological weight reduction.

Lemon Balm

It's known as "The Calming Herb." In the 1600s, nuns near Mt. Carmel created a "relaxation tea" with these fragrant smelling leaves. The recipe has spread all through Europe since. Nowadays, lemon balm is a major ingredient in natural sleep supporting drinks and essential oils.

Getting sufficient sleep every night is important to ensure your weight loss program is as effective as it can be. Without enough sleep, the metabolism is affected and your chances of losing weight are greatly diminished, irrespective of how much or what you eat. So before you spend another sleepless night worrying about how much weight

you need to lose,some lemon balm and get a good night's rest the way mother nature intended. Sleep management is probably the most important priority for any weight loss management plan.

Turkey Tail Mycelium (Mushroom)

Often called Cancer's Kryptonite the Turkey Tail mushroom looks exactly how it sounds. Turkey Tail is a restorative mushroom which resembles a turkey's tail. It's restorative effects on human immunity are spellbinding. It was revered as a secret "magical cure-all" among Native American cultures for centuries. A healthy immune system is critical for weight management and weight loss because it allows for the reduction of inflammation and associated dysregulation that can result. And scientists have caught on. In 2013, The National Institute Of Health was so impressed. They invested 5.4 million dollars into Turkey Tale research!

Black Pepper Piperine

You might have heard this before. Piperine is a powerful phytochemical within black pepper. The magic is in how it affects your body. When you ingest a plant with restorative properties, something interesting happens. Your enzymes break it down and limit the potency. Piperine naturally stops those enzymes in their tracks. This allows the powerful restorative qualities to impact your whole body instantly; Sometimes 20 times stronger!

Piperine has been linked to fat burning properties, as well as a possible metabolism-boosting effect. And not just in a one-dimensional way either.

BREAKS DOWN FAT CELLS

A study published in Biochemical and Biophysical Research [3] found that when introduced into a high-fat diet, black pepper helped to **significantly reduce weight gain without altering food intake.** Not only that, it also helped:

- Fat cells decrease in size
- Improve cholesterol levels
- Suppress leptin and lipase (hormones that help regulate hunger)
- Decrease liver triglycerides

Piperine is thought to decrease fat cell size by inhibiting two specific proteins – PPARy and LXRa – both of which regulate genes involved in adipose cell growth.

A POTENT THERMOGENIC

The key to successful fat loss is to fall into a calorie deficit. And thermogenic compounds help you achieve this by raising your metabolism and increasing energy turnover.

Piperine is considered a thermogenic because it acts like an on-switch to two fat regulating receptors in the body – TRPA1 and TRPV1. And when triggered, these receptors ramp up energy metabolism and suppress fat cell growth.

Coconut Milk

Coconut gives us a trustworthy saturated fat. See, some vitamins are fat soluble. Without some fat, these vitamins just pass through your body. So here we include some good fats. This way, the vitamins are "snuck" into the bloodstream by latching onto a fat carrier cell.

Cinnamon

Cinnamon - A common spice? Hardly. Wars were fought for centuries over this precious superfood. In Ayurveda, cinnamon was used to soothe and comfort people through the aging process. Including it here ensures a hint of warm flavor prized by ancient healers for thousands of years.

An article was published in the Journal of Critical Review and Food Sciences in 2010. This is one of the latest studies and it sums up all the findings of the previous studies thus far. The authors summed up that cinnamon has anti-inflammatory, antimicrobial, antioxidant, antitumor, cardiovascular, cholesterol-lowering, and immunomodulatory effects. Cinnamon also may act as an insulin mimetic and stimulate cellular glucose metabolism.

The research data on cinnamon consumption for better control of blood sugar and insulin levels is compelling. When blood sugar and insulin levels are reduced, weight loss becomes easier. Moreover, studies have also shown that the effect is almost immediate. Cinnamon for weight loss works provided you consume more than 3 g per day. To avoid toxicity, you should consume only Ceylon cinnamon.

Acacia Fiber Prebiotic

It's another absorbability "hack." Acacia fiber is actually an organic tree sap. More importantly, it's "food" for the bacteria in your gut. You've heard of probiotics? Prebiotics feed the probiotics. This ensures proper digestion of all 8 previous ingredients for MAXIMUM strength and absorbability.

Now, I researched all of this endlessly and tried countless combinations before I finally developed what has now become the central focus of my world famous FAT LOSS program known as The Flat Belly Fix. I will tell you more about that later in this article.

A "Done For You" Rapid Fat Loss Solution

But First... I was SO EXCITED to find a **done-for-you** and **delicious fat loss** solution I wanted to share it with you right away.

In fact… this brand new formulation even has some extra ingredients that make your daily fat burning beverage even MORE effective and fast-acting than the original. Just by adding this warm and creamy sweet tea to your morning Flat Belly Fix ritual, you'll make the results come even faster and easier than many of the folks, who combined, have lost thousands of pounds!

This tasty DONE-FOR-YOU 'golden' Flat Belly Tea has the power to:

- Support the conversion of ugly "white fat" to a thin layer of metabolism boosting "brown fat".
- Rev up fat burning with a potent burst of maximum strength Turmeric - the superpower ingredient behind the success of the original Flat Belly Tea.
- Give you an all-day metabolism boost by including the delicious spice that has been proven in hundreds of scientific studies to consistently multiply your fat burning power.
- Provide you with a rarely-discussed 'superfood' that's been revered as the secret "magic cure-all" for centuries, and that has spell-binding restorative effects on your immunity.
- Cut hunger all day long by combining "good fat" with a strategically chosen blend of powerful and natural herbs and spices.
- Give your body the "swiss army knife" of superfoods. And it's been used the world over for digestion, flus, colds, achy muscles and other illnesses.
- Restore your ability to properly digest healthy foods. (Bad digestion and a 'leaky gut' are common problems for people, and a major reason why people struggle to lose weight!)

And it contains no artificial sweeteners or added sugar. The sweet yummy-ness comes from organic Monk Fruit, which itself is a superfood! And the taste is absolute bliss. 100% organic, vegan, non-GMO, gluten-free, dairy-free, and soy-free!

And frankly… It tastes so delicious you probably won't believe it's superbly healthy. It will make your Flat Belly Fix journey incredibly quick and easy - especially on those challenging, hectic days when you're rushing to get out the door.

What exactly am I talking about?

INTRODUCING ORGANIFI GOLD!

A DONE-FOR-YOU FAT BURNING TEA BLEND
MADE WITH MIRACULOUS METABOLISM BOOSTING
HERBS FOR QUICK AND LASTING FAT LOSS!



(WARNING! THIS OFFER IS ONLY GOOD WHILE YOU'RE ON THIS PAGE)

This contains most powerful natural superfoods and nutrients for fat loss. Then they added the miraculous superfoods to enhance sleep and for defense against 'sick days', and also for **2000% better absorption.** They mixed. They tested. They tasted.

Now it's ready! Just drop a glowing Golden scoop into some warm water. Mix it up and drink it. And know and believe that **you can and WILL sleep better, feel better, and get slimmer.**

Organifi Gold contains each of the exact superfood ingredients listed in just the perfect amounts, plus the incredible 'absorption boosting' combo… along with a mouth-watering sweet and creamy flavor.

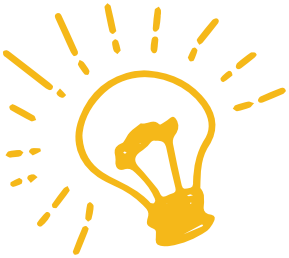
ORGANIFI GOLD IS:

- **Organic (USDA Certified)**
- **Vegan**
- **Non-GMO**
- **Gluten Free**
- **Dairy Free**
- **Soy Free**

WITH EACH SWEET AND CREAMY SERVING YOU GET



You're already aware that DEEP sleep is probably the most important thing you'll do today. Deep sleep is your body's chance to "detox." It's when your cells get rejuvenated. It's when you greatly metabolize fat. It's when you fight diseases. Plus of course, after a night of deep sleep: You'll see yourself waking up with boundless, youthful energy like you once used to.



Enjoy laser concentration. Shine brightly with new ideas at work. 'Nootropic' superfoods are wildly popular. Some of them improve oxygen supply to the brain. it's another way Organifi Gold will impact you.



Aging is natural. It doesn't have to hurt. Over 100 million Americans feel this way too. Yes, you CAN feel better. Move freely again, without hurting. Stand tall, bend your knees, and walk up stairs with confidence. Feel the freedom of living without hurting.

This recipe is packed with restorative herbs specifically chosen to respond to your body's discomfort… These are gently dried leaves, roots, and superfoods. Many have been used for thousands of years in ancient Native American, Asian, and North African cultures.



Antioxidants are miracle helpers. They have a certain way of "welding the wiring" between cells. When your cells can communicate better, your immune-defense is amazing. Nobody likes not feeling well through the night - it is completely miserable. Now, flu season doesn't stand a chance.



How much is it worth? This recipe has the clinically tested doses of several superfoods you might see sold individually. Many women and men over 40 already purchase individual supplements for each of these issues being discussed. Finally, they are all here together in a much more affordable solution!



It only takes 10 seconds. It mixes smooth. It's creamy and delicious. It's never been easier to take such powerful, natural superfoods to sleep better, ward off cravings, rejuvenate and relax, and feel better.

WHAT IF I TOLD YOU IT COSTS LESS THAN A CUP OF COFFEE EACH DAY? AND WE'LL BUY BACK THE EMPTY CONTAINER IF YOU DON'T LOVE IT!

It's important that you shield yourself from cravings and certain days that sabotage your sleep, and that prevent you from having the dream body you deserve.

I got tired of seeing our customers fall off the Flat Belly Fix cycle periodically due to hectic and exhausting days where things weren't going perfect. Or because of late night yearnings they had trouble resisting, and ruining their sleep.

That's why we wanted to give you a superior solution that saves you big time. And that will 'hack' your body's ability to absorb healthy foods, fulfill your cravings every time, and help put you into wonderful sleep to keep the Flat Belly Fix process going strong for you!

And hence, it would help blast through your fat, preserve or increase lean muscle, and give you a better boost your immunity… better than going at it alone.

I CONVINCED MY PARTNERS AT ORGANIFI TO GIVE ANYONE WILLING TO PUT THEIR HEALTH FIRST…

A Wonderful Discount

It just wouldn't make sense for us to make Organifi Gold as expensive as buying the ingredients separately. What good would that do? It wouldn't do our customers any favors.

We had to make it so that getting Organifi Gold made SO much perfect sense for you money-wise and health-wise.

Since we have long-standing relationships with the good folks at Organifi to give us a deep discount, we can easily pass the savings onto you. That's why we decided to put a no-brainer price on it. I wanted to make it so I could get an easy "yes" from you.
I wanted to make it **CHEAPER** than buying a cup of coffee from your favorite coffee shop each day!

So if you get the 30-Day supply, it comes out to just $1.93 per day. And the more you order, the cheaper it gets!

So choose your option below:

Huge Savings!

ORGANIFI
Gold



1 Bottle

~~REGULAR PRICE: **79.95**~~
YOUR PRICE: **$57.95**

SAVE 35%

BUY NOW

ORGANIFI
Gold



6 Bottles

~~REGULAR PRICE: **479.70**~~
YOUR PRICE: **$249.95**

SAVE 40%

BUY NOW

ORGANIFI
Gold



3 Bottles

~~REGULAR PRICE: **239.85**~~
YOUR PRICE: **$149.95**

SAVE 35%

BUY NOW

OUR CALL-US-CRAZY 100% MONEY BACK GUARANTEE

Here's our 'call us nuts' promise...

60 DAY MONEY-BACK GUARANTEE

Try the entire container for 60 days. If you're not elated with the deliciously healthy experience, and love the way you sleep, feel, think, and finally re-shape your body...

We'll buy back the empty container from you! Yes, we'll give you every dollar back as a 100% full refund, even if the container is completely empty. No questions asked. Just let us know within 60 days.

Even if you simply don't like the flavor, we'll honor your refund completely within your 60 days.



We know some people may take advantage of us and ask for their money back just to take us for a ride. But we're so confident you're going to be blown away at the experience and taste of Organifi Gold, we're willing to take on such a risk.

Choose how much you want to save, and click the 'Buy Now' button under your order option below.

All you have to do is click 'yes' to your order option below, and nothing more. After that,

just sit back and relax, as we immediately shipt out your order of Organifi Gold right to your doorstep.

It will arrive fast. As soon as you get it, you'll then pour a scoop into warm water, mix, and savor every sip with a smile on your face. You'll let the superb concoction of mother nature's most powerful 'super herbs' go to work!

Things will turn amazing for you in the most delicious way. You'll thank us every night.

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THIS DISCOUNT DISAPPEARS ONCE YOU LEAVE THIS PAGE

Having people fall madly in love with Organifi's stuff has created quite a challenge for the team. Having a superbly healthy and delicious product that people CRAVE, and that comes at such a low price…

…makes it almost impossible to keep up with orders.

They frequently run into issues with supply, and either have to put orders on hold, put a big fat ugly 'sold out' sign on their site, or increase their prices to handle the demand.

Signs are things are about to get crazy inside their warehouse because of Organifi Gold. So please take advantage of this now, while you're on this page.

They gave us special permission to give you a wonderful discount, but only you and rest of our customers. And we have new customers hitting this page nonstop.

As of now, we have just enough supply to ship out immediately. So please don't leave this page without securing your order. Otherwise it just won't be available, since we need to keep these discounted containers reserved for others who are interested.

Choose your option above and click the 'Buy Now' button right now before it's too late!

WHY DID WE HANDPICK THIS OVER ALL OTHERS?



It was an easy decision, once I laid my eyes on the ingredients and learned about the company behind it (Organifi). And believe me… I searched high and low to find a powerfully healthy 'sleep insurance' supplement for my followers.

I found one guy that was as passionate and determined as I was to counter the unhealthy (and downright disastrous) food industry, and the disastrous impact it had on people's eat, sleep, and fat-burn cycle.

He deeply understood the importance of organic whole foods and superfoods to transform people's bodies and health. His company lives and breathes this mission!

His name is Drew Canole, and he's the founder of Organifi, the makers of this amazing 'golden milk' super tea.



Who Is Organifi and Its Founder, Drew Canole?

Drew has become a friend since we share such a common mission.

He's the founder of the Organifi brand, and also FitLife.tv - a 2 million strong tribe of health-conscious men and women committed to upgrading their health, their bodies and their lives!

As the leader of this wonderful company, he's committed to sharing educational, inspirational and entertaining videos and articles about health, fitness, healing and longevity.

Organifi is a top seller and Its products are pure, organic, straight from nature, and absolutely change lives!



And finally, Drew is the author of '**Train Your Taste To Trim Your Waist**: A Simple Method to Love the Foods That Love You Back' - which was also an Amazon best seller.

Simply put he's dedicated his life to helping millions of others lose weight and reach optimal health, through the power of positive mindset, juicing vegetables, superfoods, and healthy nutrition.

You can trust you're getting the absolute best, most convenient insurance for your sleep and body transformation during the 'Flat Belly Fix' program. There really isn't anything else out there I've found that compares to it.

So go ahead and **click the order button below**, and I guarantee you'll enjoy the journey to a fitter, slimmer, and better you!

Huge Savings!

ORGANIFI
Gold



1 Bottle

~~REGULAR PRICE: **79.95**~~
YOUR PRICE: **$57.95**

SAVE 35%

BUY NOW

MONEY BACK 60 DAY GUARANTEE

ORGANIFI
Gold



6 Bottles

~~REGULAR PRICE: **479.70**~~
YOUR PRICE: **$249.95**

SAVE 40%

BUY NOW

MONEY BACK 60 DAY GUARANTEE

ORGANIFI
Gold



3 Bottles

~~REGULAR PRICE: **239.85**~~
YOUR PRICE: **$149.95**

SAVE 35%

BUY NOW

MONEY BACK 60 DAY GUARANTEE

Now as I promised, here is how it all began…

At first I didn't want to tell you my wife's story…

It felt too private. Too painful. However…

The near-miraculous health and weight loss trick we stumbled on that literally saved my wife's life and gave her back her lean, sexy and pain-free body is something too important to hide…

And until now that's been the problem. This simple morning ritual has been sitting their right under our noses and has been kept from us by the folks with big budgets who sell the weight loss drugs and engineered diet foods…

However, my wife and I had to hit rock bottom before we discovered the powerful system I'm sharing with you in this story. Here's what happened…

She woke up screaming

That's what I remember the most.

That's what broke my heart.

That's what forced me to go on the journey that changed EVERYTHING in my life and the life of thousands of men and women around the world who learned what I'm about to teach you right now…

The moment my beautiful, badass wife Tara…

a woman who could take down a perp twice her size with nothing but a nightstick, who was the meanest power forward on her college basketball team and who could shut up anyone stupid enough to give her lip with nothing but her "Cop Stare"…

Woke up in a cold sweat, her jaw clenched so tight I thought she would break her teeth…

And then screamed so loud I heard ringing in my ear like I was at a heavy metal concert…

"Tara… babe… baby, wake up," I said. "You're OK, you're OK."

But she wasn't listening.

She was "there" again… back in her squad car, watching a telephone pole rush towards her like a speeding train…



Bracing for impact…

Reliving the moment that ruined our lives…

The moment her body became her enemy…

The moment I started to lose her…

"Don't touch me. I'm fat and disgusting and I'm always going to be fat and disgusting. I don't want you to touch me." she yelled when I reached out to hold her…
to kiss her…

to show her how much I loved her no matter what she looked like…
Suddenly I felt a terrible wave of shame rush over me…

She was my wife…
The woman I promised to protect and take care of…

And seeing her, lying there in agonizing pain and frustration I felt powerless and weak and useless in a way I never thought possible…

It took over an hour for her to calm down enough to go back to sleep.An hour of tears and self loathing and hopelessness and grabbing hold of the belly fat she hated so much…

Tara had been an athlete her whole life…

It was one of the things that made me fall in love with her…

How physical and fearless and fit she was with a body that made her look more like a model than a cop…

But since the accident…

Since the broken bones and the battered spine and the constant, terrible crippling back pain took away every sport and activity she loved so much…

Everything had changed…

It had been years since the crash…

Years of watching the woman I love struggle and suffer and give up hope…

Years of watching her sink deeper and deeper into despair as she kept gaining weight no matter how hard she tried not to…

Years of feeling so helpless as my happy, healthy wife became… someone else… someone I didn't recognize… someone I'm not even sure wanted to keep living…

And now, in her 40's it's like the battle was lost…
The weight just kept coming until she had 196 on her 5'11" frame…
And the woman who used to face every challenge with a smile seemed to have… given up…

"You have to lose weight, Tara," the Doctor had said in a patronizing voice like he was explaining why being overweight was "bad" to a 5 year old…



Like she didn't already know…

"Dangerously close to type 2 diabetes," she said with a cynical laugh on the ride home… taking the news as just one more brick in the wall of self loathing she'd built around herself…

One more piece of evidence that her life was over…

Just a few days earlier she'd been talking to our daughter about "The perfect high school graduation day"…

Now she was "joking" about not even living to see it, even though it was two years away.

That Night I Lay Awake For Hours Next To Tara, Staring At The Ceiling And Feeling My Heart Constrict In My Chest… Imagining Life Without My Wife…

Was she right?

Was this it? Was this what our life was supposed to be now?

I couldn't remember the last time we'd really kissed never mind made love…

I remembered what her laugh sounded like and felt like I was going to cry realizing I hadn't heard it in years…

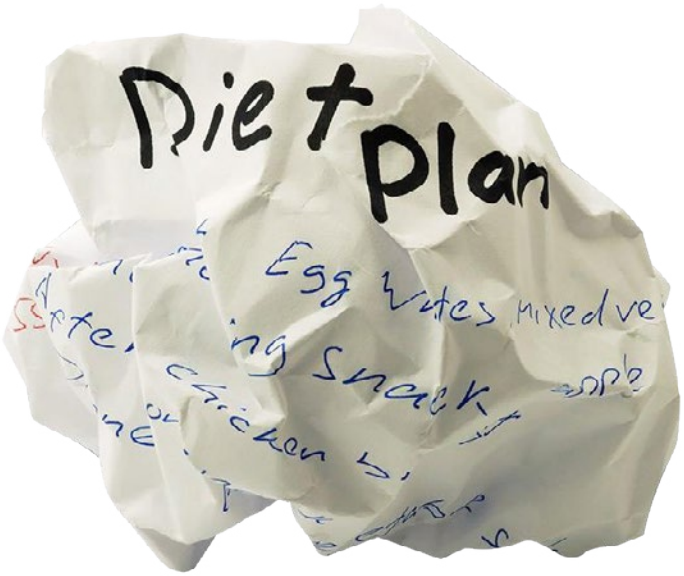
Did I really have to watch her suffer like this?

I tossed and turned all night thinking…

Thinking of our beautiful daughter finishing High School without a mom…
But what could we do about it?

We'd tried everything over the years…

Everything you can do to lose weight that doesn't involve strenuous exercise…



Low-carb, low-fat, Paleo, calorie counting…
Not to mention all the "fancy" diets like Dr. Bernstein, Atkins, Weight Watchers, Herbal Magic, Jenny Craig…

We spent THOUSANDS of dollars we couldn't afford on the salary of two cops and nothing worked…

No matter how hard we tried, no matter how much money we wasted, no matter how many nutritionists and specialists we saw…

Nothing worked…

In fact, after every single "Miracle" diet she ended up weighing MORE than when she started…

These extreme diets were putting her body into shock mode…

Causing her to have uncontrollable cravings that had her raiding the fridge in the middle of the night and sneaking bags of Hershey kisses… And as the years went by it just got worse and worse…

She just got bigger and bigger and sadder and sadder and our marriage became less about love and more about seeing how long we could go without a fight.

Lying There, Feeling My Wife's Warm Body Curled Up Against Me I Knew I Could Do One Of Three Things…

1. I could ignore the thoughts and the fear swirling in my mind… I could watch what was left of the woman Tara used to be fade to be replaced by a shadow with her face… I could watch our marriage crumble to nothing as we headed for the divorce I knew was in our future if we didn't do something…

2. I could get mad and bitter… rage about how "unfair" it was to have so much taken from us when we both dedicated our lives to serving and protecting others and go on antidepressants just to get me through the day…

Or I could make the choice I did…

- The choice to FIGHT for my wife and our family…
- The choice to discover the TRUTH about the REAL cause of weight gain… and how to stay lean and fit into your 40's, 50's and beyond even if you can't (or just don't want to exercise…
- The choice to wake up every morning knowing I had done everything in my power to help the woman I still loved so much live a life as free of pain and healthy as humanly possible…

It was 2 weeks Later That The Solution Literally Hit Me In The Face (And it was one of the most painful experiences of my life)…

I was working SWAT at the time, rushing to the most dangerous situations in the city… putting my life on the line each and every day…
An armed suspect was holding hostages on the TOP floor of a 20 story building…

My job was to lead a team as we rappelled down the side of the building in full gear and hit the guy before he knew what was happening…



Well, you know what they say "No plan survives contact with the enemy."

We waited for the signal and then rappelled just over the side of the building… our lives literally hanging from one single rappel line…

We broke the top 3 windows with a CRASH and tossed 3 OC pepper spray grenades to subdue everyone inside…

And placed another grenade on the deck so the suspect wouldn't come running out and try to escape… or worse yet, throw one of the hostages out possibly killing him…

Just as we were about to enter the building a massive gust of wind blew a cloud of pepper spray right back into our faces…

We were coughing, sniffling, embarrassed and could barely see…

But as professionals we still got in there and did our job…

If you've never been hit by pepper spray before, it's not a pleasant experience…

For the rest of the day I was coughing and sneezing… tears streaming down my face… It felt like my body was on FIRE inside…

I could practically feel the heat radiating off me like a furnace…

I felt like I'd just done an intense crossfit workout or run half a marathon even though I was just sitting on my couch recovering…

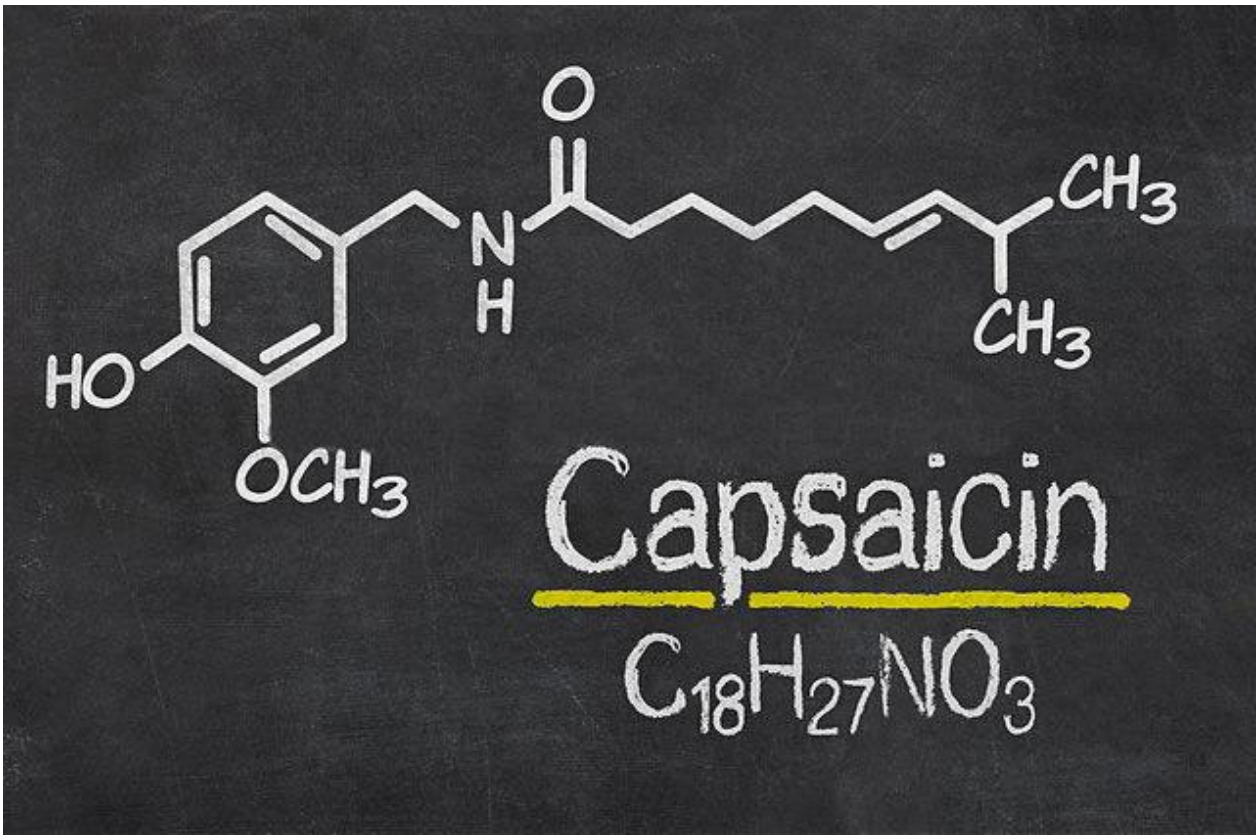
And that's when it hit me…

I already knew that oleoresin capiscum (the "OC" used in the pepper spray grenades) could rapidly raise your body temperature…

But was it possible that it could actually burn away my wife's belly fat without exercise?

Could accidentally getting hit with PEPPER spray actually be the answer I'd been looking for?

It sounded "Weird" and even a little bit dangerous…



But then I found an article in the International Journal of Nanomedicine that flat out proved my "weird idea" was actually 100% true…

See, in 2012, researchers from the Hokkaido University Graduate School of Medicine ran a WEIRD experiment…

They fed rats a high-fat diet with or without capsaicin for eight weeks. At the end of the study (which was published in the July 2010 issue of "The Journal Of Proteome Research") rats who were fed a high-fat diet WITH capsaicin experienced a LOT more weight loss and decrease in body fat than compared to the non-capsaicin group…

Why?

Well, according to the researchers, capsaicin "turned up" the activity of proteins inside fat cells that break down fat…

Plus, capsaicin also reduced the activity of enzymes that are responsible for synthesizing fat, thereby preventing the development of mature fat cells.

So basically, the capsaicin raised the "inner thermostat" of the rats, turning their bodies into a veritable "Fat Burning Furnace"…

AND completely sabotaged the body's ability to create mature fat cells in the first place, leading to a tremendous loss of fat without any "rat aerobics" or exercise of any kind…

But that wasn't all. I also learned how capsaicin could actually TRANSFORM useless and dangerous "white fat" into high-octane BROWN fat that actually burns your ugly white fat for energy…

Meaning you can actually use your unwanted white FAT as fuel instead of burning sugar like most folks do (and that makes it almost impossible to get and stay thin.)

I don't want to get too scientific here, but the easiest way to picture the way brown fat works is to picture a car with the engine revving and the clutch pedal pushed all the way to the floor…

Brown fat "uncouples" the calorie burning of fat and sugar through the actions of a class of regulating proteins called uncoupling proteins…

When the brown fat mitochondria are uncoupled, it's like revving your engine all the way into the red without letting the car get into gear…

All of sudden you're burning a TON of fat without moving a muscle… losing weight while sitting on your butt and watching TV…

That was the good news.

The bad news, as I soon discovered, was that the only real source of capsaicin is CAYENNE PEPPER…

You know, that stuff that makes you SNEEZE and SWEAT and wish you could just bury your head in a giant bucket of water until the pain goes away (which is why we use it for those grenades in the first place - to totally incapacitate a criminal)…



I imagined my beautiful wife with her eyes watering, sweating profusely and telling me I'd done something HORRIBLE to her and knew that Cayenne Pepper wasn't going to do the job…

I needed to find ANOTHER spice that would have all the benefits of capsaicin but could actually be ingested without making you feel like your eyeballs were going to burn through your skull…

I spent HOURS and HOURS digging through journal after journal, but eventually I broke down into tears when I found it… the holy grail "spice" that just might save my wife's life…

And that spice lead to my secret recipe that turned out to be the Holy Grail of weight loss we'd been looking for for decades…

And that gave all the incredible benefits of capsicum without any of the terrible (and painful) side effects…

As I finished reading I felt like I wanted to cry… not because I was sad, but because for the first time in YEARS I felt HOPE that I could actually help my wife (and help US get our life and our relationship back on track.)

The Next Morning I Got To Work Like A Man Possessed…

I knew the "secret recipe" I'd discovered could raise your body temperature and help you turn your "Bad" white fat into "Good" brown fat…

And that just by "transforming" her "bad" fat into "good" fat I could change Tara's life forever and give her back the HOPE she'd been denied for so long…

But how else could I give her that?

I mean, I couldn't exactly throw a grenade at my wife…
Not only would that lead to my getting DIVORCED…

But, from my research, I knew popping a pepper spray grenade was probably the WORST way to deliver these "Fat transforming" spices in a way the body could actually absorb…

And, eventually, I figured out the best (and most delicious) way to give Tara the potent spices she needed was by doing nothing harder than brewing her a cup of tea…

- ✔ All of sudden she needed less sleep and felt twice as rested...
- ✔ She was sailing through night shifts in her patrol car without even a single yawn
- ✔ And attacking house projects she'd been ignoring for years...

My Wife Looked At Me Like I Was Crazy The First Time I Gave Her My Special Tea…

I still remember how she held her nose and steeled herself for the "awful taste" she expected…

And the smile that exploded across her lips as she said it tasted kind of like cinnamon…

I had to BEG her to keep drinking it every day… she thought it was just another "waste of time"…

But slowly, over the next week something started to change…

- Her eyes got brighter…
- Her energy came roaring back …
- Even her hair seemed thicker, fuller and shinier than it had…

But the real shock came a week later when I finally convinced her to step on the scale…

And the TEARS of JOY that formed in her eyes when saw she'd lost 11 pounds…

A week after that her uniform pants didn't fit anymore…

She broke down crying, ran into the bedroom and showed me how they kept falling off her hips in a way they hadn't in 25 years…

And a week after that…

Well, a week after that she was my wife again…

It was the craziest thing I'd ever seen…

Like a time machine back almost a decade since her accident…

But the most amazing thing was watching her stomach…

Watching the belly fat she'd been fighting for years and years shrink away to nothing…

Until one day I came home and saw her walking around the house in nothing but a sports bra and some cute little shorts, her beautiful, flat belly on display calling out to me…



I was a little afraid to touch her at first… afraid she'd tell me not to…

But when I wrapped my arms around her she melted against me, tilted her head so I could kiss her neck, smiled at me and told me to meet her in the bedroom and gave me the most amazing, passionate night of my life.

And as we lay there naked, laughing and cuddling and in love in a way we hadn't been in so long I felt a smile spread across my face as I realized I'd done it…
I'd saved my wife…

But That Was Just The Beginning…

Honestly, I had no plans at all to share this secret with anybody else… I just wanted to help my wife get her life back and save my family…

But with Tara's 3 week transformation it was impossible to keep a secret…

My buddy John was the first one to BEG to try it out…

He's a truck driver with a truck driver's belly…

He came to visit, took one look at Tara and said "What the heck have you been doing?"

So we wrote everything down… all our notes and experiments and things we'd tried… John texted me four days later and I had to read the text three times to make sure it wasn't a mistake…



"Todd, this is AMAZING" he said. "I'm already down 12 pounds and the only 'exercise' I've done is get up to go to the fridge! THANK YOU!"

Next, Tara's sister got on the bandwagon…
She'd been "heavy" her whole life and thought that's just the way she was "supposed" to be…

But three weeks after trying this crazy new protocol of ours she was fitting back into her jeans from high school…

And from there things just got out of control…

I achieved a weird "cult" status locally…

Friends, family, people from 16 to 76 started to use this new method and again and again they RAVED about the results…

Our friends Peter and Stacey managed to drop a combined 11 pounds in 3 days (7 for Peter and 4 for Stacy)…

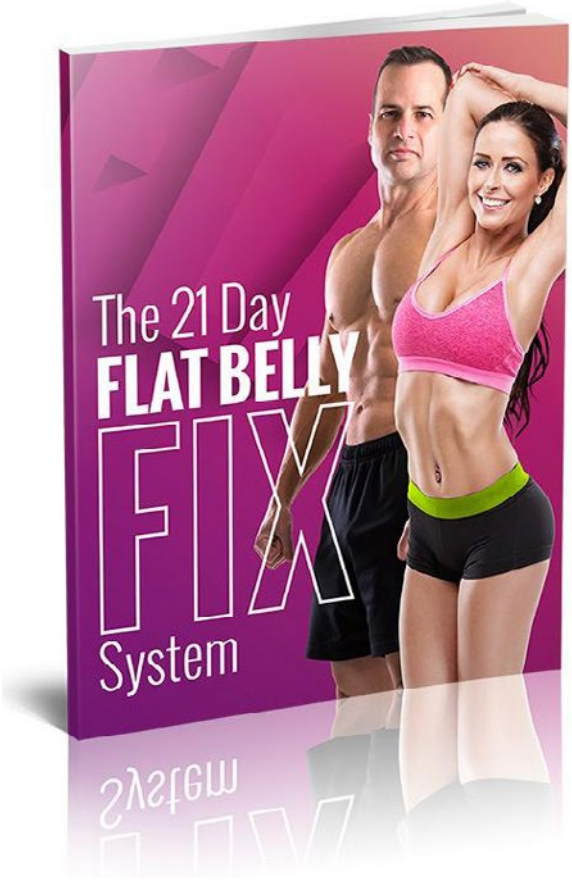
Even better, **Peter went on to lose a whopping 84 pounds** over the next couple months… completely transforming his life… **and Stacy lost over 21 pounds from her petite body**…

Finally, Tara and John and Peter and Frank all ganged up on me and told me I HAD TO share this incredible secret with the world…

That I had a responsibility to help as many people as I could who are suffering just like Tara was for so long…

We spent months taking all of my scribbled notes and theories and ideas and turning it into one simple easy-to-follow manual…
A manual we ended up calling "The 21 Day Flat Belly Fix" because…

Well, because that's what it's done again and again… helped regular, ordinary people who don't have time or the ability to be "gym rats" shed an amazing amount of weight and get a lean, flat belly in just 21 short days…



Which brings us to now…

And brings us to you experiencing the incredible results of The Flat Belly Fix for yourself too…

The Flat Belly Fix is the result of over a year of non-stop, intensive research, testing and work…

Hard work I did so you don't have to…

See, when I decided to share this astonishing method for for flattening your belly quickly and without exercise or doing a single sit up…

I set myself a goal as big and lofty as climbing Everest…

And to reach that goal I knew this program had to accomplish THREE things…

1. **FIRST** it had to tell you the TRUTHabout exercise and weight loss that has been HIDDEN from you your entire life by the greedy fat cats in the pharmaceutical and weight loss industries (industries whose whole reason for being is to KEEP you fat and out of shape so you keep funneling mountains of cash into their already overstuffed pockets)…

2. **SECOND** it had to be easy… as close to "done for you" as possible so you never have to feel anxious about what to do… what the next "step" is or if you're "doing it right"…

3. **AND THIRD** it had to be TRANSFORMATIONAL… it had to give you stunning, almost-frightening RESULTS in a shockingly-short amount of time so you can see that it WORKS and FEEL the change in your body in just a few short days or weeks…

Like I said, it was a pretty lofty goal…

But after months and months of work… draft after draft of the program… hours and hours spent researching and creating and testing and revising as we got feedback from hundreds of ecstatic beta testers who couldn't BELIEVE the results they were getting…

Well, here we are at the top of Everest…

Here we are ready for you to reap the benefits of all that labor without even one smidgen of the work…

Here we are ready for YOU to finally get the flat belly and slim body you've been dreaming of (and which you DESERVE) without ever feeling like you're "dieting" and without ever even stepping foot in a gym…

In The 21 Day Flat Belly Fix you'll discover the simple secret to losing weight PERMANENTLY without any more exercise than you're getting now and without ever feeling like you're on a "diet" at all…

When you enroll in the program, I'll give you immediate access to my secret "Fat Burning Tea" recipe…

You'll learn the EXACT ratio of spices, tea, and other ingredients designed to massively boost your metabolism and turn your body into a white-fat destroying machine…

And, you know what?

Honestly, JUST giving you the TEA recipe you first read about at the beginning of this article would probably be enough to change your life forever…

(I mean, if you can't even make yourself drink a cup of tea every morning I don't think ANYBODY could help you lose weight.)

But because I've dedicated my life to SERVING my fellow man and because I was raised to always OVER DELIVER I'm going to give you A LOT more than that…

IN "THE 21 DAY FLAT BELLY FIX" PROGRAM YOU'LL LEARN...

How to elevate your levels of "The Master Fat Burning Hormone" by 1300% in Women and 2000% in men so your body becomes a raging fat-burning furnace every night… burning away unwanted fat while you sleep without even having to set FOOT in a gym…

The "White Fat Fuel" secret that forces your body to stop feasting on sugar as your primary energy source and has your body and cells gobbling up your white fat like pudding so only your lean, beneficial brown fat remains…

The "Thyroid Accelerator" technique anyone with at least a 4th grade education can use to turn your thyroid dial up to 11 almost-automatically, dramatically increasing your rate of weight loss…

How to "turn back the clock" on your skin so you have the same clear, vibrant skin you had as a teenager… even if you're decades past your prime and have smoked a pack a day for years…

Sick of being "tired and grumpy" all the time? I'll teach you a simple dietary trick that reduces the "depression chemicals" in your brain almost instantly… leading to a dramatic improvement in your mood in just 1 or 2 days.

Are you suffering from Type 2 Diabetes (or has your doctor warned you that you are "Pre-Diabetic") and need to take action NOW?

You'll discover how to reduce your risk of developing Type 2 Diabetes by 33%… by doing nothing more complicated than drinking this tea…

What the "Satiety Switch" is… and how to "flip" the switch on your hunger so you never get the "munchies" or the desire to "cheat" on your diet ever again…

And that's just the tip of the iceberg. I barely have time to tell you about...

How to "feed" your libido with one cheap, abundant and decidedly "Un-sexy" food…

The "Insulin Time Machine" method to completely reverse any level of insulin resistance…

The real reason for "boomerang dieting"… why you ALWAYS seem to get FATTER and LESS HEALTHY after doing any kind of "fad" diet… and a method as easy as counting to ten that almost-guarantees you will never "gain back the weight" again…

One simple trick you can use to increase your bone density without ever having to pick up even a light set of weights…

How to reduce cancer-causing inflammation throughout your body without dangerous and expensive drugs…And much, much more…



OK…
Can you feel that?
Your heart beating…
The dryness in your mouth…
That incredible desire to know this…
To be able to do this…
To have this power?
To have control over your body in a way you never have before…?

Let me ask you, how much is it worth to you to never have to feel "fat" again for the rest of your life?

How much is it worth to you to have your friends JEALOUS of the amazing changes you've made to your body …begging you for your secrets…?

How much is it worth to NEVER feel like you have to "deprive" yourself or "diet" again? Imagine that for a second…

Really let yourself feel what that would be like…

And then tell me…

What do you think would be a fair price to completely FLATTEN your belly and gain absolute CONTROL over your weight in just a few short weeks and with less effort than it takes you to drive to the grocery store?

If you're being completely honest with yourself, I bet you'd say $197 or more would be totally feel happy and SMILE so wide it makes your cheeks hurt every time you look in the mirror or run a hand along your belly because it's so flat and strong and tight (without ever doing a anything that feels like "exercise" at all)…

(Heck, I bet you'd think that was cheap to never have to feel "fat" or "out of shape" again for the rest of your life…)

I mean, $197 is a lot of money, but considering how this will change your life forever and finally get you off the "diet treadmill" so you can spend your time LIVING your life instead of beating yourself up for not being as "fit" as you think you "should" be…

Well, when you look at it that way it seems pretty cheap, doesn't it?

But after 17 years working as a police officer and doing everything I can to SERVE my fellow man…

There's one undeniable fact I've learned again and again…

That even when you want something so much and KNOW it's a once-in-a-lifetime deal…

As a man or woman who's spent so much of your life GIVING and GIVING to others…

Sometimes it feels impossible to be "selfish" and give yourself what you so desperately need…

WHICH IS WHY I'M GOING TO DO SOMETHING KIND OF RISKY HERE...

Not a risk to you…

But a big risk to me…

See, my mission in life for as long as I can remember has been to SERVE and HELP people…

That's why I became a cop so many years ago…

That's why I spent months and YEARS doing everything I could to help Tara…

And if I have to take a hit to my wallet to help YOU?

Well, that's a price I'm extremely happy to pay…

So here's what I'm going to do…

We've already agreed that The 21 Day Flat Belly Fix is worth at least $197…

But, because you've watched this video and given me some of your precious time…

I'm not going to ask you to invest $197…

I'm not even going to ask you to pay $97 (even though I know you'll agree that would be a steal)…
No, for you (and for now) I'm going to do something a little bit "CRAZY"…

For as long as this page is up (and not a moment longer) I'm going to set YOUR PRICE for "The 21 Day Flat Belly Fix" at just ONE single payment of $77…

And if you act RIGHT NOW I'll take money out of my own pocket and give you a whopping 60% Off…

Which means if you simply click the button below right now you'll get the complete "21 Flat Belly Flx" program for the severely discounted price of…

JUST $37!

YES! ORDER NOW





That's the good news…

The bad news is to "lock in" your discount you have to act right now.
Why?

Well, I'm actually in a bit of a "fight" with my amazing (and extremely headstrong) wife right now…

After experiencing the power of this program for herself (and seeing first hand how this material has CHANGED THE LIVES of so many friends, family and folks who have invested in the program)…

Tara tells me that I'm being a "bleeding heart" by setting the price so low and that $37 is just WAY too cheap…

That even though the program is tested and proven and powerful, nobody is going to believe you can get "Saks 5th Avenue Results" at "Walmart" prices…

And that to fulfill my mission to help as many struggling folks as possible I may need to raise or even double the price…

If you're still seeing this video, it means we're still testing to find out if we can "make the numbers work" with your incredible discount…

But please, if you come back in a few hours or tomorrow and the price is higher (maybe, MUCH higher)…



Please, don't write me begging… If you pass up your one chance to "lock in" your discount now, there's simply nothing I can do for you.

Oh, and just to take away every excuse your brain can come up with not to do this for yourself.

I'm going to back everything I've said up with a frankly-incredible 100% Money-Back guarantee…

Here's how it works:
Just enroll in "The 21 Day Flat Belly Fix" right now…
USE the material… (It's so easy to use and as close to "Done For You" as humanly possible.)

See for yourself how EASY getting a taut, firm, FLAT belly and watching the pounds FALL off your body can actually be…

If you don't think "The 21 Day Flat Belly Fix" is worth at least double what you're paying today, just contact my customer service at **service@theflatbellyfix.com** any time in the next 60 days…

And you'll get every dime back as fast as we can.

Now, you might ask why exactly am I being so generous?
That's a very good question…

And I've got two answers for you…

The first is kind of selfish…

After putting so much time and effort into creating this program and seeing how it CHANGED my life and the life of my WIFE forever, I want as many people as possible to use it to create the body you want and deserve so much…

The second answer is maybe a little "sappy" I guess…

It's because I want this for you…

I want you to experience what it's like to look in the mirror AND LOVE what you see…

To get compliments from random people on the street on how fit and healthy you are…

To actually get EXCITED about walking around with your belly exposed because of the stares it draws and how POWERFUL it makes you feel…

And if I have to put myself out there a bit to help you? I'll gladly do just that…

And all you have to do is click the button right below now…

YES! ORDER NOW



OK, IF YOU'RE NOT CONVINCED YET...

If there's a still a little voice in the back of your head that isn't quite sure…

Let me do one more thing to make this the easiest choice of your life…

And to make sure you don't let "fear of regret" keep you from taking advantage of this wonderful offer…

See, I want you to feel deep in your heart and deep in your soul that you're getting an incredible deal that you can be proud of…

Heck, I want you to feel like you "put one over on me" by doing what I know you want to do so badly and enrolling in the program today…

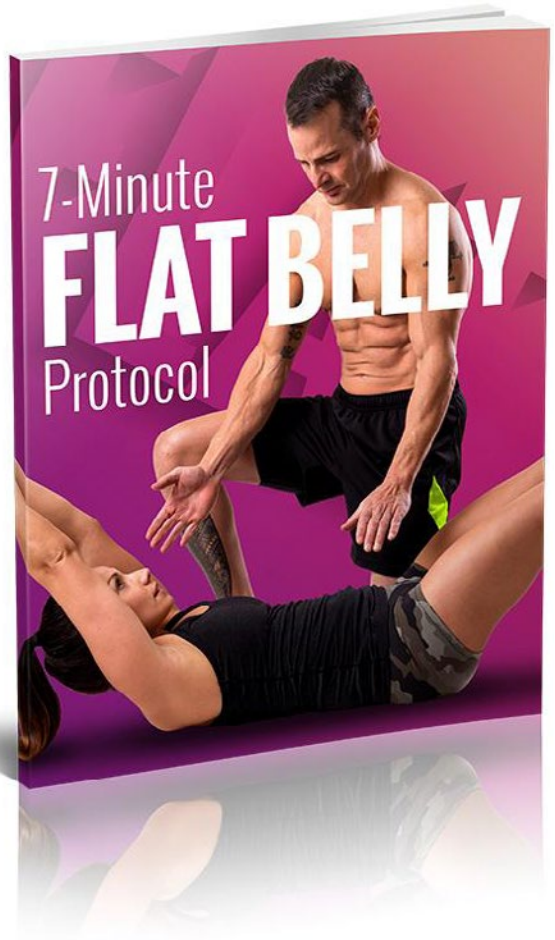
That's why I've got 3 Very Special Presents for you just for saying "Maybe" to "The 21 Day Flat Belly Fix" today...

First I'll give you my 7 Minutes To A Slim Belly System…

In The 7 Minutes To A Slim Belly System I'll teach you my "secret" methods learned in 17 years on the police force that help elite law enforcement officers stay slim, strong and ready for action in just 7 minutes 4 or 5 times a week…

No "sit ups" allowed, you'll be shocked at how gentle and simple these movements are…

And how you're able to get a flat, strong belly that puts the "gym bunnies" to shame without ever feeling like you're "working out" at all…



Your second present is your special collection of Flat Belly Fix "Done For You" fat burning smoothie recipes…



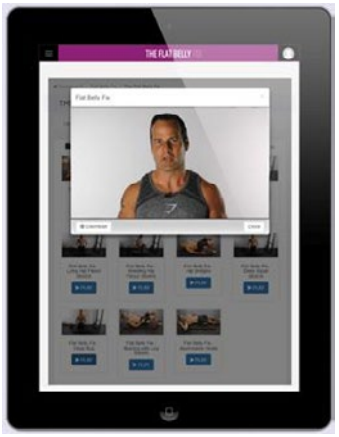
Listen: We all know the worst part of going on any kind of weight loss program is having to read labels, figure out what you're "allowed" to eat every day, and grind through preparing the right meals…

That's why I've created a special book of quick, easy, delicious and almost-done-for-you meal replacement smoothie recipes…

All you have to do is print up the special shopping list I've created for you and head to the market (don't worry, I've made a point of making sure everything you need to buy is cheap and affordable)…

Then whenever you are short on time and you need a quick and filling fat-burning pick-me-up just follow along with the incredibly-simple instructions, throw everything in a blender, and you'll be eating healthy and feeling satisfied in shockingly little time, all without having to think about what you're eating at all.

Your third present is something special. In fact, I can't do this for everyone It's called the Flat Belly Fix Elite Personal Coaching…



Listen: No matter how hard I work to make The Flat Belly Fix the most complete and easy-to-follow system it can be, there are always going to be questions and particular situations that come up that we just can't cover in the material…

That's why I want to give you ONE FULL MONTH of PERSONAL coaching with me and my staff

As soon as you finish your enrollment you'll instantly be added to my secret closed Facebook group where you can ask me any question you want, network and bond with other folks going on the exact same journey and get the motivation and ACCOUNTABILITY you need to stick to the program and get the amazing results I've promised you here today.

So let's add this all up just so you can see for yourself what a great deal you're actually getting…

With your special discount you'll get the complete "21 Day Flat Belly Fix" program for just $37…

We already agreed that "The 21 Day Flat Belly FIx" is worth at least $97 all by itself… so that's already a pretty great deal…

But then, at no additional charge at all, you're also getting:

- The 7 Minutes To A Slim Belly System…
- …the "Done For You" fat burning meal-replacement smoothie recipes…
- AND one FULL MONTH of our ELITE Personal Coaching…



And each of those should probably sell for $97 or more all by themselves too…
If you were at the supermarket that would all add up to… $287!

BUT USING YOUR SPECIAL DISCOUNT YOU'LL GET EVERYTHING FOR JUST $37…

I don't know about you, but if I was at the store, swiped my "membership card" and saw my bill for $287 worth of stuff plummet to less than $40 I'd feel like I won the lottery…

Or like there was some mistake…

But no matter what I'd rush to claim my discount before anyone tried to take it away…

And all you have to do to claim your discount and take advantage of this amazing deal is click the big button below right now…

YES! ORDER NOW



Then fill in your payment details using a credit card, debit card or PayPal on the next page.
And you'll have COMPLETE ACCESS to the entire program is just 2 short minutes from right now…

Just click the button right now…Pay your severely discounted enrollment fee…!! Go through the program.

Learn the secrets of transforming your body in shockingly little time, without starving yourself "dieting" or doing any real "exercise" at all…

Experience what it's like to be in control of your body and in CONTROL of your life…

If you're anything like the thousands of other folks who have used this program, you're going to be amazed the change in your life (and the change in you) once you learn this…

How everyone you meet just looks at you differently… amazed at the power and grace of your body…

If you're like most of our customers you're going to have a hard time wiping that goofy smile off your face…

Or keeping that joyous sparkle out of your eyes…

Or keeping your mouth shut when your friends and family ask to know your secret that created such a change in you, seemingly overnight…
OK, it's time to take action…



You might not know it (at least not consciously) but you're at an important crossroads in your life right now…

And you really just have two very different options… Leading to two very different lives…

One a lifetime of energy and hope and passion for life, where you LOVE your body and are amazed every time you look in the mirror…

The other…

Well, the other is just a continuation of the life you have now…

So listen closely as I tell you what your two options are so you can make the right choice for you…

OPTION 1
is to leave this page WITHOUT enrolling in the program…

I think you already know what will happen if you do this because you've felt it so many times before…

That feeling of hopelessness…

Of being trapped in your body…

Of feeling yourself getting heavier and more exhausted and more FED UP with your struggle with your weight and with your body every single day…

Wondering why it's SO HARD for you to get in shape and STAY in shape…

Or feeling GUILTY because you aren't spending HOURS and HOURS at the gym every week pedaling as fast as you can but not getting anywhere at all…

I know you don't want that…

I know you are SICK of seeing your ugly belly fat staring at you every time you look in the mirror…

Of pretending it doesn't bother you and that you're "OK" with the body you have right now…

Of YEARNING to know what it's like to have power and control and ENERGY like you did when you were a kid…
Which is why I want you to take a second here and seriously consider taking:

OPTION 2…
In a lot of ways it's the easier road because all it takes on your part is deciding you love yourself enough to say "Yes" right now…

Simply click the button below, enter your payment information right now before life gets in the way and claim your spot in the "The 21 Day Flat Belly Fix" program…

Get every single thing I've talked about in this video (and quite a few surprises I haven't even mentioned but I can't wait for you to see)…

Learn the simple, tested method that SAVED my beautiful wife Tara from a life battling Type 2 Diabetes or even an EARLY GRAVE…

Learn the SECRET to a flat belly and a fit, healthy body that has been kept from you for so long…

Remember…



With your 60-Day guarantee you're risking absolutely nothing (in fact all the risk is completely on me where it belongs… I firmly believe If I don't get you EVERY result I've promised in this video I simply don't deserve a dime of your hard-earned money)…

And with your special discount you're getting HALF OFF the already ridiculously-low one-time price of enrollment…

Before we go, just imagine for a moment…

Imagine yourself rolling out of bed feeling light and strong for the first time in your life…

Imagine seeing a bright, beautiful smile on your face when you look in the mirror and realize how powerful and beautiful your body has become…

Imagine picking out clothes that SHOW OFF your body instead of hiding your belly like something to be ashamed of…

And then just click the button below…

YES! ORDER NOW



I personally promise you'll be very happy you did.

Again, I'm Todd Lamb and I'm incredibly excited for you to experience what happens when you apply "The 21 Day Flat Belly Fix" in your life…

I can't wait to hear about your success.

Thank you for your time. Simply click the button below, now.

YES! ORDER NOW

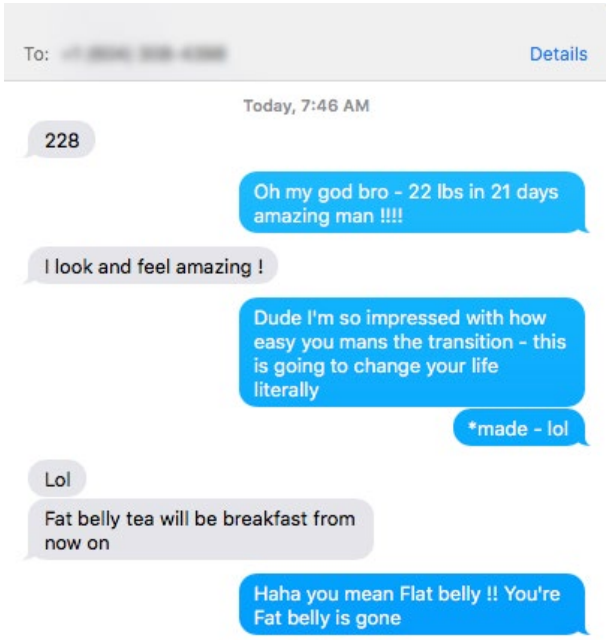
NO SHIPPING COST SAVES YOU MONEY

All materials are DIGITAL and sent to you instantly in PDF and MP3 formats.Any Computer can use it!.That means you can start TODAY!

For any questions, please contact us at service@theflatbellyfix.com


It's been awesome Todd, I want to thank you for this program . Holly and I are more energetic and are very happy with the weight loss. Doing this together is so much fun , and we both look forward to it every day. Our meal planning and our protocols/ work out !!! Thanks
Sent from Messenger


Ken Dassylva
6/14, 10:08am
"Hey Todd quick update, after 6 days on the Flat Belly Fix, i have lost 6,5lbs & an inch around my waist. The last time i had this flat a belly was about 10 years ago. And the last time a weighed this much was in 2009."
Todd Lamb
6/14, 10:13am
Ken!!!! That's amazing brother...just over 1lb./ day. Glad to hear it! Keep the train rolling and you will feel 30 years younger in no time flat!
And 30 lbs lighter!


To:
Details
Today, 7:46 AM
228
Oh my god bro - 22 lbs in 21 days amazing man !!!!
I look and feel amazing !
Dude I'm so impressed with how easy you mans the transition - this is going to change your life literally
*made - lol
Lol
Fat belly tea will be breakfast from now on
Haha you mean Flat belly !! You're Fat belly is gone


Today
Brett H Kammerer
6:57am
Starting week 2 at 173.2lbs
Todd Lamb
6:58am
Yessss dude that's an amazing week one basically losing a pound a day!!
keep focused and enjoy the meals
Brett H Kammerer
6:59am
Will do boss!
Todd Lamb
6:59am
Let me know if you need anything at all and we will get you to your goal weight in no time flat
Brett H Kammerer
7:00am


John: Lost 27 lbs in 21 Days


Peter: Lost 20 lbs in 21 Days


Tyra: Lost 23 lbs in 21 Days


Tyra: Lost 23 lbs in 21 Days


Stacey: Lost 12 lbs in 21 Days

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